Water Scrying Guide

There are two ways of water scrying—indoor scrying with a scrying bowl and outdoor scrying with a body of water. The body of water could be manmade such as a fountain, or it could be a natural body of water such as a pond, lake, sea, stream, or waterfall. Both require the same fundamental ability—to be able to turn off the active, thinking mind and enter a meditative, receptive frame of mind into which messages can come through.



Indoor Water Scrying

The equipment for water scrying indoors is very simple, and is as follows:

Bowl-sources agree should be either glass or ceramic. A Pyrex™ bowl is fine, but plastic will not do. You want the sort of bowl that can ring when you strike the rim or run a wand around it. It should be a solid color--clear, white, blue, or black being the preferred colors. The bowl doesn't have to be large. A cereal or pasta bowl is fine. Ideally it should have a non-reflective surface and no internal decoration which would distract your attention. If it's a clear bowl, it should have no decorative design for the same reason.

Water-the water should be clear to start with. From a natural source is fine, but not if it's cloudy, muddy or polluted. Bottled water is fine, especially if it comes from a spring, because many springs are considered sacred to one culture or another. Rainwater is a traditional and naturally-powerful source of water for scrying, so if you have a catchment basin or a rain barrel then you have a ready supply of scrying water.

Candles-traditional but if you're scrying at night or in dim lighting conditions, it's needed anyway. Try to position the candles in such a way that they shed light on the water's surface, but not their reflection. You want the water's surface clear of images.

Incense/Fragrant oil burning-a good atmospheric background for indoor water scrying, because it helps raise your consciousness from everyday concerns to the spiritual planes. Floral fragrances are good, but experiment. A background fragrance is optional though.

Scrying Waters

You can absolutely scry with just plain water. But sometimes when you're asking a particular kind of question, you may want to use a specialized scrying water to create a more conducive atmosphere for scrying on that issue. There are several ways you can do this:

Sun Water-best for solar-related questions like success, ambition, creativity, learning and material matters. Create solar water simply by setting a bowl, clear jug or jar of water in direct sunlight for several hours, ideally culminating in the noonday sun. Remember to cover the opening with netting to keep bugs or other bits out of the water if you're setting it outside. Filter and bottle the sun water in small clear, yellow or gold-colored bottles with stoppers or screw-top lids. Sun water keeps its power for three weeks in a refrigerator or cool dark place.

Moon Water-this is best for questions about love, romance, marriage, fidelity, children, motherhood, healing and mending quarrels. Create lunar water simply by setting a clear bowl, jug or jar of non-carbonated mineral water out under the full moon. Stir the water counterclockwise nine times with a silver-toned knife or amethyst crystal point, asking the Moon to bless the water and those who use it. Then cover it in a fine mesh fabric (if you're setting it outside) and leave it overnight. In the morning filter and bottle the moon water in small sealable blue, silver, dark, or frosted-glass bottles and keep in a refrigerator or cool place until the next full moon night. Pour any remaining water into the ground at the end of that full moon period before the next full moon rises.

Rainwater-best for questions about the environment, health issues, estrangements, misunderstandings, corruption and deceit, slow-moving or stagnant matters, returning what is lost, or connecting psychically with people far away. You can just leave it in your rainwater catchment until you need it, or filter it into small clear glass bottles.

Snow Water-best for questions about quarrels, emotional coldness, frozen feelings, favoritism, rejections past or present, or a lack of commitment. This water can be created either from snow outside or from the frost collecting on the inside of the freezer or ice box, but it should be gathered and allowed to melt in a metal bowl, if you're going to let it melt naturally. Snow water should be used immediately, because it loses power the longer it sits.

Storm/Wind Water-best for questions about issues related to courage, bullying, abuse, major life changes, new beginnings, independence, and how to overcome obstacles or opposition. To collect it, get a wide-mouth glass jar. Either dig a hole large enough to hold it steady or find a sheltered place outside where it won't blow over. Half-fill the jar with with water, seal it, then when the storm or high winds begin, swirl the water three times clockwise, then three times counterclockwise and set the jar in place to collect the storm and winds. When the storm or winds have died down, take up the jar, swirl the water three times counterclockwise, then three times clockwise. Filter the water into small dark-colored jars. This water will keep for a week in a cool dark place. Any leftover water should be cast to the winds saying, 'I thank you, Return to your element.'

Crystal Water-crystal-infused water is one of the oldest and most potent sources of scrying water and it's simply created. You want rounded crystals, not the elongated type with a point. You'll also need a variety of containers with either stoppers or screw-tops but these should be wide-enough to allow you to drop a crystal into it. Use filtered, bottled spring water or still mineral water. The more water in the container, the larger the crystal should be. With the water and crystal in the bottle, leave it for at least eight hours, ideally in the light. Clear quartz or citrine crystals love sunlight, rose quartz and amethyst love moonlight.

Scrying Infusion-instead of using outdoor sources you can brew a traditional scrying infusion. It's comprised of mugwort, thyme or sage because they're traditional divinatory herbs. But in the absence of those, any divination-associated herb may be used. You can use just one herb or a combination of them. Supermarket purchased is fine.

Directions: Add two to three dessertspoonsful of herbs to eight to 10 ounces of boiling water. Cover and let steep at least five minutes for a relatively light-colored infusion, longer for a darker one. Strain off the herbs and leave the water to cool. When you're ready to scry, pour the infusion into the bowl until it's about one-third full, then add clear water until the bowl is half-full.

The Four Water Angels

There are four angels associated with the element of water, each with a different area of responsibility. If you're spiritually inclined, you may want augment your water scrying by appealing to the relevant angel associated with that body of water for assistance in scrying. Each angel is also associated with one of the four main directions and a color.

Phul-Angel of the Lakes, Wells & Still Waters. Pronounced 'Fool' he is associated with the North and is depicted as silvery-blue, almost transparent in appearance. If burning a candle to him, it should be silver. Appeal to Phul for indoor water scrying as well.

Nahaliel-Angel of the Running Streams. Pronounced 'Nah-ha-leel' he is the younger brother of the next angel (Trsiel) and his direction is East. He is depicted as quite misty, with a robe, wings and halo of a soft, light green color. If burning a candle to him, use a pale green or lilac candle to represent him.

Trsiel-Angel of the Rivers. Pronounced 'Tur-see-el' he is the angel of all rivers large and small and of all estuaries which flow into the sea. He is associated with the South and is depicted as shining in many shades of green, with a halo of sparkling rainbow water droplets. If burning a candle to him, use a dark green candle.

Rahab-Angel of the Sea. Pronounced 'Ruh-hahb' he is the angel of seas and oceans. He is associated with the West and is depicted as appearing in deep blues and greens, with white wings billowing like sails over the foaming waves. If burning a candle to him, use a blue or turquoise candle.

Optional Scrying Bowl Dedication Ritual

When water scrying indoors, you're encouraged to have a bowl set aside and used only for water scrying. You may simply tell the bowl, 'Alright, you're my scrying bowl and I'm going to use you only for scrying.' And leave it at that. But you may want to employ the following as a dedication ritual for your scrying bowl, or whenever you water scry:

1) Place your scrying bowl half-filled with water in the center of a table and set a small dish of salt to the right of it.
2) Cleanse the scrying bowl by dropping a pinch of the salt into the water and stir the water three times counterclockwise, three times clockwise, then three times again counterclockwise, saying 'May my visions within this bowl be pure and true.'
3) Light the silver candle to the North of the bowl and say, 'May Phul, Angel of Still Waters, bless this bowl and my scrying.'
4) Light the pale green or lilac candle sitting to the East of the Bowl from the silver one and say, 'May Nahaliel, Angel of the Running Waters, bless this bowl and my scrying.'
5) Light the dark green candle sitting to the South of the bowl with the pale green or lilac candle and say, 'May Trsiel, Angel of the Flowing Waters, bless this bowl and my scrying.'
6) Light the blue or turquoise colored candle sitting to the West of the bowl with the dark green candle and say, May Rahab, Angel of the Seas and Oceans, bless this bowl and my scrying.'
7) Pour out the salt water, rinse the scrying bowl, then fill it with your scrying water.
8) Empower the bowl once more by saying, 'Phul, Nahaliel, Trsiel, and Rahab, bring blessings.'
9) For a general scrying ritual, you need only perform steps 1, 2, 7, and 8.



After scrying, and to remove any lingering psychic impressions from the bowl, add a pinch of salt to the scrying water, swirl it three times counterclockwise, pour out the scrying water, then rinse the bowl then set it aside to dry naturally.

About the parts of the ritual where you need to stir the salt into the water, if you're wondering 'what should I stir it with?' the source material isn't clear, but your finger, a crystal tip or a wand will do fine.

Outdoor Water Scrying

Outdoor scrying breaks down into two basic forms: scrying with moving water, such as a stream, river or sea, or scrying with still water, such as a pond, calm lake or even a bird bath. When water-scrying outdoors you're encouraged to first ask the local water spirits' permission and make a traditional offering of a coin, a gold or silver earring to which you lost the mate, flowers or seeds. You may additionally ask the aid of one of the water angels. If the water isn't polluted, you could collect it in a bowl and scry that way.



SCRYING WITH STILL WATER

Breathing method. Stand by the lake, pool, pond, or well. Close your eyes and take several deep, cleansing, focusing breaths. When you feel confident, open your eyes and gaze into the water, continuing to breathe steadily and slowly. Imagine your boundaries dissolving and flowing into the water and becoming one with it. Bright sunlight or moonlight is perfect for this, but even clouds can come into play because they create images too. If you're not seeing images, start exhaling your intentions into the water with a sighing sort of breath. If you're seeing an image in your mind's eye, try exhaling it into the water to further develop there. You can do this sighing-the-image into the water with a whole string of images, if they're really flowing into your mind.

Three Stones method. A still water scrying method from ancient Greece, it originally called for one square, one triangular and one round stone. The different shaped stones may have represented three different elements of the same question, but any three stones of the same size will do. This method consists of throwing a stone in the water, then allowing a picture to form in the ripples which result, a picture which fades as the ripples do. For more information, you throw another stone into the water then observe the picture in the wake of the resulting ripples. Repeat this with the third stone. If you need more information, you take up another set of three stones and continue in the same manner.



SCRYING WITH MOVING WATER

Slow-moving water with only a light breeze (if any) is preferable. But a fast-moving body of water such as a sea with loud-enough waves or a stream with a bed of stones, rapids or a waterfall brings in clairaudient possibilities. If your clairaudient skills are good, you might prefer to scry in such places. Stand with your eyes closed beside your chosen body of water and simply attune to the sound of the water as it moves. Open your eyes and focus on the area in the center of the ripples, let your eyes go slightly out of focus and let the image form from light, shadows and the water itself. With any water scrying it may help to mentally attune yourself with the water. If swaying in synch with the water helps you, do so. When you're done scrying, close your eyes and again attune to the sound of the water as it moves. There could be some follow-up clairaudient message.



SEA SCRYING

This is best practiced by an actual sea or ocean, but if you live near one of the Great Lakes in North America that will work just the same. You *could* gather sea water in a bowl and scry that way. Many scryers have done that from way back, but one of the benefits of outdoor water scrying is not needing a bowl. The ideal conditions for sea scrying are plentiful light and the sea active but not stormy. You can stand on the shore, or in ankle-deep water, but if the sea is calm enough and you have a boat, raft or paddleboard, you can paddle out a short distance and scry in deeper water. Sea-scryers often used fish bowls or dark-glass fishing floats for scrying into the water. They would hold them half-submerged into the water and gaze into them, so know that this is an option as well.

To scry the sea directly, stand on the shore, gaze out to sea, and either call out your question or ask that you're shown what you most need to know. Close your eyes and attune to the sound of the incoming waves. Then open your eyes and scry with every seventh or ninth wave as it rolls in. Try to see an image in either the foaming head of the wave or in the water just before it.

If scrying by seawater in a bowl, dedicate, cleanse and empower the bowl before each session by immersing it in the sea three times, asking the blessing of Rahab and the local sea guardian. Collect small shells or white stones from the shore and throw them in the bottom of your bowl, then wade out and partly fill the bowl with sea water. Sit on the shore close to the water. Occasionally swish the shells and water in the bowl as you scry.

SEA-SCRYING AND TIMING

The sea has many a mood and if you work with her specific moods and tides, your answers will be much more accurate.

Calm Sea-incoming or outgoing tide, this sea is good for scrying answers to questions about harmony and peacemaking, bringing stability into your life, finances, career, love/happiness, family matters, children, pets, travel, or holiday plans.

Stormy Sea-incoming or outgoing tide, this sea is good for scrying answers to questions about any kinds of major changes, relocation, justice, independence, self-esteem, bullying, overcoming obstacles, fame, success, or recognition.

Moonlit Sea-a relatively calm sea at night is good for questions about love, romance, marriage, fidelity, fertility, mothers and motherhood, children, healing, and mending the damage left by quarrels.

Sunlit Sea-this sea is good for questions about success, ambition, creativity, the performing arts, learning, examinations, happiness, health, energy levels, property, finances, sports, competitions, and finding what is lost.

Cloudy Day Sea-good for questions concerning uncertainties, matters slow to come to fruition, obstacles, change, recovery from loss, illness or debt, endings of all kinds, secrets either to be revealed or which should be kept, including secret love.

Incoming Tide-a good situation for seeking answers to questions concerning new ventures, career, business, self-employment, creative projects, new beginnings, matters where luck or speculation is involved, health, justice and financial affairs. The more immediate or urgent the problem, the higher the tide you should scry with.

Slack Tide-lasting only about an hour or more, the slack tide is about balance. It occurs between high and low tides as they prepare to turn. There's no real current flow at these times. It's a good sea condition for scrying answers to questions concerning weighing two or more options, choices of all kinds, priorities or divided loyalties, commitments or love triangles, dual careers, or disputes with neighbors, colleagues or friends.

Outgoing/Ebb Tide-this is best for questions about debt, injustice, addictions, blame, pain, guilt, abusive or destructive relationships, loneliness, ill-health, financial or career problems, security, or protection. A general rule of thumb holds that the lower the tide, the less urgent or more distant the matter should be. If you're asking about any of these possible issues but the answer is important or urgent to you, ask at the beginning of the outgoing tide.



FOUNTAIN SCRYING

An outdoor fountain is a good scrying location but presents certain challenges. You're going to be scrying images in the bubbles and foam and listening for clairaudient messages in the falling water's noise. Images which form in fountain water dissolve and re-form quite rapidly, so you'll have to learn to read quickly. Fountain scrying is best attempted by those who are adept at dropping into a receptive mindset and scrying quickly.

Let your eyes go out of focus, gaze into the middle distance and let the images form, dissolve and re-form. Fountains that change color at night can also be excellent for scrying, as light-color can be drawn into the interpretation of the images you're seeing in the bubbles and foam.



WATERFALL SCRYING

Waterfall scrying can potentially produce both images and clairaudient messages. It's recommended you try scrying from three positions: a higher point, such as a bridge overlooking it, then from part of the way up, then from the base of the waterfall. Try scrying from each level, looking for images and listening for clairaudient messages, then bring it all together afterwards.

If you can safely do so, and the waterfall is structured for this, try to get behind the waterfall, so you are looking out through it. The ancient Druids used to waterfall-scry this way. Don't worry if at first you only see sparkling and mists. You may get an impression of what you think you saw, but that will be just the clairvoyant eye seeing before your physical eye does. With additional practice and time, you will get used to processing psychic impressions via water scrying.

Water Scrying ~ Impressions Sheet

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Question (if any): _____

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Impressions: _____

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Date: _____

Follow-Up Notes: _____

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