

# Brain Hemisphere Inclination Test

Each horizontal row below describes two different ways of approaching the same life situation. Look at the statements in each row and check the box to the right of the statement which describes you best. Total up your responses at the bottom of the page.

| Left<br>Brain   |  |  | Right<br>Brain |
|---|--|--|----------------|
| 1. I usually analyze things, looking for the sequence of causes & effects which led to the current situation. |  | 1. I usually synthesize information. Each piece of information I find is part of the whole picture.              |                |
| 2. When asked to describe an acquaintance, I give details such as name, appearance, age, & occupation.        |  | 2. When asked to describe an acquaintance, I describe their personality-moods, beliefs, inclinations, etc.       |                |
| 3. In conversation, I'm like a March hare; I tend to jump from one thought or idea to another.                |  | 3. In conversation, I tend to link ideas to each other in one smooth, continuous flow.                           |                |
| 4. When speaking, I either keep my hands still or I stuff them in my pockets.                                 |  | 4. When speaking I tend to gesture a lot with my hands.  |                |
| 5. I am a punctual person. I'm usually on-time. I'm pretty good at estimating what time it is.                |  | 5. I am not a punctual person. I'm sometimes late. I'm not very good at estimating what time it is.              |                |
| 6. I'm very good at explaining how things work, how to do things, or in giving directions.                    |  | 6. I'm not very good at explaining things, even if I can do them very well myself.                               |                |
| 7. I am good at crossword puzzles and word games.   |  | 7. I find crossword puzzles and word games difficult.  |                |
| 8. I enjoy making plans ahead of time and carrying them out meticulously.                                     |  | 8. I dislike planning ahead. I enjoy doing things spontaneously, or responding as the need arises.               |                |
| 9. I prefer mathematics and the sciences to the arts, drama and humanities.                                   |  | 9. I prefer the arts, drama and humanities to mathematics and the sciences.                                      |                |
| 10. I tend to keep my feelings hidden and to myself, but I can put them into words, if necessary.             |  | 10. I show my feelings easily and readily, but I find it hard to express them in words.                          |                |
| 11. I rarely dream, and if I do, I usually cannot remember them. It's <i>rare</i> when I remember them.       |  | 11. I dream frequently, and usually have very good recall of my dreams, no matter how weird they are.            |                |
| 12. I usually try to look for, or seek out and find, the reasons behind another person's behavior.            |  | 12. I usually don't try to look for the reasons or motives behind another person's behavior.                     |                |
| 13. I keep my files, papers, and tools organized and in logical order.  |  | 13. Although I can usually find what I need after a little hunting, I don't keep things in any particular order. |                |
| 14. I prefer representational art to any other kind.  |  | 14. I'm responsive to a wide variety of visual images, and can appreciate a variety of artistic styles.          |                |
| 15. When dancing, I prefer a formal dance style, where the specific steps and moves are known.                |  | 15. When dancing, I prefer free movement where I can innovate and move however I feel like moving.               |                |
| 16. If I had to walk around my home with my eyes closed, I would find it very difficult to maneuver.          |  | 16. If I had to walk around my home with my eyes closed, I would find it very easy to maneuver.                  |                |

Left-Brain Hemisphere Score:

Right-Brain Hemisphere Score:

## Interpreting Your Score:

The right side of the brain is the creative, imaginative, conceptualizing part of the brain. The left side of the brain is the logical, analytical, organizing side of the brain. The ability to create, visualize and imagine is tied-in to psychic ability. So the general rule-of-thumb for grading this inclination test is, the higher your right-brain score, the greater your potential for psychic ability. It's not likely that you will choose all of one column or the other, but it can happen. Even if you heavily favor one column over the other, you will likely have a least a few items in the other column checked-off

**Sixteen Left-Brain Responses:** You're likely a scientist, engineer, mathematician, or computer programmer. You're organized, orderly and common-sense-based to a fault; you insist on *facts*, not surmising or ideas. An unanticipated piece of information coming in can send you back to the drawing board. To the more heavily right-brained, you're a very rigid, uninspired person who can't see beyond their own nose.

**Sixteen Right-Brain Responses:** You're likely an artist, in in the performing arts. You're totally capable of developing psychic talent, if you don't possess it already. But your dreamy, wildly impractical ways can aggravate the more heavily left-brained people, who wish you'd show some common sense for once and run your life in a more orderly manner.

**Twelve Left Brain/Four Right Brain Responses:** You're a very logical, organized practical thinker who prefers facts over feelings. Your constant need to understand things and base your decisions on demonstrable facts can be frustrating to heavily right-brained people, who don't understand why you can't just absorb incoming data and adjust your course of action accordingly as you go along.

**Twelve Right Brain/Four Right Brain Responses:** You're a very creative and imaginative individual. You usually have at least one foot on the ground, which is good, but your occasional lack of contact with reality can frustrate people sometimes. Your intuitive, make-it-up-as-you-go way of doing things frustrates heavily left-brained people, who like to come up with a plan of action based on documentable facts *first* before proceeding.

**Even Number of Left Brain and Right Brain Responses.** If you marked eight in each column, or close to it, you are one of that rare and enviable breed of people, the mentally-balanced person. You use both sides of your brain equally and in harmony with each other. You have learned when to use your logical, analytical side and when to use your creative side.

Your actual score may fall somewhere between these hypothetical scores listed above. Adjust your assessment accordingly.