A	M	L	Y	B	D	L	A	H	A	O	O	E	O	O	L
A	N	V	U	F	N	V	O	P	Y	E	M	O	O	E	N
P	W	R	A	R	T	W	G	Y	I	S	Y	E	T	I	A
M	L	D	N	L	R	L	N	A	L	R	E	O	U	L	D
R	A	E	V	N	S	T	H	R	D	A	E	G	T	R	A
I	O	M	R	Y	H	I	P	A	R	S	M	O	I	U	P
G	E	F	A	U	M	M	Y	E	Y	U	R	R	H	P	W
T	O	L	R	L	I	H	E	O	U	F	Y	O	S	O	D
Y	O	I	Y	V	P	V	D	O	N	L	O	E	R	E	E
U	E	L	U	R	O	R	D	R	W	E	R	W	M	D	L
P	I	D	P	I	I	E	I	R	L	W	R	L	S	L	F
E	L	I	E	L	E	A	E	S	G	T	S	C	S	Y	A
E	R	H	E	O	A	A	W	N	I	I	N	M	R	N	A
T	E	N	T	E	E	D	I	L	V	A	L	T	F	D	T
O	E	Y	O	O	A	O	S	V	Y	E	V	Y	L	U	Y
E	O	A	E	O	S	B	O	R	U	R	R	U	E	T	U

Arabian Love Square

With a pin or pencil tip, choose a letter at random, then write it down. Count every eighth letter after that, and write down each eighth letter. When you get to the bottom of the square, circle back to the top of the square and continue counting every eighth letter until you have finished a circuit of the whole square. You then have your answer.